



Your test will be performed at:
NEW MEXICO HEART INSTITUTE ROSWELLCARDIOLOGY
 Fundador Adajar, MD
 2890 Wilshire Blvd., Roswell, NM 88201
 (575) 623-2836 PHONE (575) 623-2841 FAX

N E W M E X I C O
 HEART INSTITUTE

CARDIOLOGY REFERRAL FORM

Patient:	DOB:	Insurance:
Referring Physician:		Date & Time Scheduled:
Reason for Referral:		
Would you like a Cardiology Consultation? <input type="checkbox"/> Yes <input type="checkbox"/> No Date: _____ Time: _____		

PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL AN APPOINTMENT. IF YOUR INSURANCE CARRIER REQUIRES A REFERRAL PLEASE REQUEST IT. ALSO BRING ALONG ANY NOTES & LABS.

Echo/Doppler Ultrasound Exams	Cardiac Testing (See instructions on back)	Miscellaneous
<input type="checkbox"/> Cardiac Echo Doppler	<input type="checkbox"/> Standard Treadmill	<input type="checkbox"/> EKG With Interpretation
<input type="checkbox"/> Carotid with intima media thickness measurement	<input type="checkbox"/> Exercise Nuclear (Dobutamine)	<input type="checkbox"/> Holter Monitor (24 Hours)
<input type="checkbox"/> Lower Extremity -- Arterial	<input type="checkbox"/> Exercise (Stress) Echo	<input type="checkbox"/> Event Recorder (30 days)
<input type="checkbox"/> Lower Extremity -- Venous		
<input type="checkbox"/> Upper Extremity -- Arterial		
<input type="checkbox"/> Upper Extremity -- Venous		

PATIENT INSTRUCTIONS FOR STRESS TESTING

1. Please arrive 15 minutes early. Wear comfortable clothing and walking or jogging shoes.
2. Bring all of your medications.
3. Drink only water after midnight prior to your appointment. For a test after 1:00 in the afternoon you can have a light breakfast.
4. Absolutely NO smoking or caffeine. That means no coffee of any kind, tea, soda, or chocolate 24 hours prior to the test or your test may have to be rescheduled.